74th MN State Square and Round Dance Convention

Square Dance Federation of MN **June 12-14, 2026** **Location: Empire Event Center**
1517 16th St SW,
Rochester MN 55902

Featured Caller:
Vernon Jones
Springtown, TX

Featured Cuer:
Natalie Sprosty
Bettendorf, IA

Roaring Into Rochester

SQUARE DANCE FEDERATION OF MINNESOTA

	First		Last		
Name:					
Name:					
Youth 1:		**Youth 3:**			
Youth 2:		**Youth 4:**			
Address:					
City:			**State:**	**Zip:**	
Phone:	( )	**E-Mail:**			
Club Name:			**Location:**		

Note: Your convention ribbon is REQUIRED for admission!

Convention Registration

All Sessions	Adult			Youth (13-18)			Amount Due:
Prior to April 1, 2026	$55.00	X		$27.00	X		
Family Max				$150.00	X		
After April 1, 2026	$65.00	X		$32.00	X		
Family Max				$175.00	X		
Single Day	$40.00	X		$20.00	X		

Total Payment Due

Make Check Payable to: **Square Dance Federation of MN**

**Payment Details on Reverse*

Send Registration & Payment to:
Micky Formanack
Registration Chair
808 Carmichael Rd #92
Hudson, WI 54016

Total Registrations:	
Total Supporters:	
Total Payment Due:	

Office Use Only: Cash_____ Check #_____ CC_____

Callers, Cuers, & Instructors Only:

Program Registration Deadline:* ***March 1, 2026*
Please check your programming preference.
Programming chairman will be in contact.

Squares	He		She		Workshops	He		She	
Rounds	He		She		Education	He		She	

Dancing Preference:

	Mainstream		Phase II
	Plus		Phase III
	DBD		Phase IV
	Advanced		Phase V-VI
	Challenge		Lines

Volunteer To Help:

☐	Set-up prior to Conv.	☐	Conv. Planning
☐	Post Conv. tear down	☐	During Conv.

Supporters: $1 min. each (Listed in Program Book)

1)	2)
3)	4)

More Information & Register On-line at: www.mnsquaredanceconvention.com

ALL Events Connected Under One Roof !

Roaring Into Rochester

Secure On-line Registration at:
www.mnsquaredanceconvention.com

Convention Chair:

Dan & Janet Sahlstrom
17757 Tulip St NW
Andover MN 55304
651-230-2800 / 507-236-0254
mnsdconvention@gmail.com

Registration Chair:

Micky Formanack
808 Carmichael Rd #92
Hudson WI 54016
715-639-3115
mnsdconvention@gmail.com

Convention Hotel:

Best Western Plus

1517 16th Street
Rochester MN 55902
Phone: 507-289-8866
Attached to the Event Center

Room Rates:
One King Bed: $129.00+ Tax
Two Queen Beds: $134.00+ Tax
Pool View: $139.00+ Tax
Pool Side: $149.00+ Tax

*Dancers make own reservations - Mention Group ID: U53BG1E7 or 2026 State Square Dance Conv. for rates

Hotel Details:
*Call Hotel Directly to make Reservation
*Rate for single-quad occupancy
*Reservations must be made by May 14, 2026
*Free Parking
*Free Hot Breakfast

Dancing Schedule:

Trails End Thurs. Evening: 7:00-10:00 PM
Held at Empire Event Center
Separate admission at door,
Sponsored by MSDCA & MRDC

Friday: 1-5 PM & 7-11 PM

Saturday 9:30AM-Noon, 1:30-5PM & 7-11 PM

Sunday: 9:00AM - Noon

Square dance appropriate attire is requested in all halls on Friday & Saturday night
Dance floors are a mix of dance floor & tight knit carpet, please plan appropriate shoes
THE DANCESOCKS® available for purchase on-site

Camping:

*No Dry Camping allowed at the Convention hotel or Event Center
*Check the Rochester Visitors Bureau for options:
www.experiencerochestermn.com

Payment Details:

*Registration fees include applicable sales tax
*$35 fee for NSF checks *Fees in US Dollars
*Cancellation fee of $5 before May 1, 2026
No refunds after May 1, 2026
*Dancers 12 & under are free

Callers Seminar - Friday 9 AM

The MN Square Dance Callers Association (MSDCA) is hosting a seminar Friday Morning with Featured Caller Vernon Jones, CALLERLAB Accredited Caller Coach. Seminar topic is: "Singing Calls: Different parts and how they work". **FREE** for registered attendees of the 2026 MN Convention, $20/person for non-registered.

History of Square Dancing Seminar - Vernon Jones

Friday 11 AM - FREE & Open to ALL

Vernon Jones will share the History of Square Dancing: From Past to Present. Come and learn where square dancing began and the evolution that brought us to where we are today! Music, Social Time, Choreography, Callers and more all contribute to this wonderful activity. FREE, all Dancers are encouraged to attend!

June 12-14, 2026

Convention Colors: **Black & Gold**